



VISITING NURSE ASSOCIATION
OF SOUTH CENTRAL CONNECTICUT, INC.

News Release

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For Immediate Release

VNA of South Central CT Offers FREE Pre-natal Group

New Haven, CT (Jan. 20, 2010) –The Visiting Nurse Association of South Central Connecticut’s (VNA/SCC) Nurturing Families Network (NFN) offers a free 10 week pre-natal group for expectant parents. NFN assists first-time parents and their babies in making a positive start in life through support and parenting skills education.

Pre-natal group meetings will focus on topics relevant to labor, delivery, and postpartum. Expectant mothers will also learn about caring for themselves and their baby during pregnancy.

Two-hour classes will be held weekly for 10 weeks in the spring. Partners are encouraged to join the meetings. Meetings will be held in the Valley, Woodbridge, Milford, West Haven and East Haven. Pre-natal parents from surrounding towns are welcome to attend.

For more information contact Kimberly Pereira, NFN Nurturing Connections/Parenting Group, at (203)859-6061 or email kpereira@vnascc.org.

About The Visiting Nurse Association of South Central Connecticut

Founded in 1904, the VNA/SCC, the original VNA of New Haven, Milford and the Valley, is a state licensed, non-profit, community based home health care agency. The VNA/SCC staff consists of highly skilled nurses, therapists, medical social workers and home health aides. A vital resource to the

communities it serves, the VNA/SCC provides a wide range of specialized clinical services, community programs, the Nurturing Families Network and subsidized care to those who are in need. The agency employs over 240 staff members, has an average daily census of over 1,000 patients and makes over 150,000 home visits per year. The agency is the founder of the *Nightingale Awards for Excellence in Nursing*. The VNA/SCC is supported in part by The Community Foundation for Greater New Haven, local United Way organizations, corporate sponsors and individual donors. The agency has a private-duty affiliate, *CareSource*. *CareSource* strives to maximize the quality of life for its clients and their caregivers in the home and health care settings. Their services include private duty nursing, homemakers, companions and live-in home health aides. Both VNA/SCC and *CareSource* are CHAP (Community Health Accreditation Program) accredited. To learn more about the organizations, log onto www.vnascc.org or www.caresourceinc.org. To view quality information about VNA/SCC, as reported by Medicare, log onto www.medicare.gov and click on the link: Compare Home Care Agencies.

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